



PRESS RELEASE

A MEMORABLE, SENSORY TOUR OF THE MOST BEAUTIFUL SPAS IN THE MGALLERY COLLECTION....

Paris, October 17 2013

Of the MGallery Collection's 70 hotels, one-third have outstanding spas that all offer a range of traditional beauty treatments and excellent service in exceptional locations.

Travelers seeking peace and tranquility will find a host of ways to recharge during a stay at one of these establishments. This selection features some of the Collection's most beautiful spas.

MGallery Amarterra Villas Bali Nusa Dua - Bali - Indonesia, a luxurious sanctuary of calm



The island of Bali in Indonesia is home to a luxurious sanctuary of calm. Inspired by Balinese traditions and culture, Amarterra Villas hotel is located in the heart of Nusa Dua, not far from a magnificent sandy beach. The hotel is based on the Tri Hita Karana principle, a lifestyle which advocates perfect harmony and spiritual balance, and offers its guests calm and comfort.

Nestled in this sanctuary of calm is a spa whose philosophy is to harmonize nature's different energies for the well-being of guests. Amarterra spa offers a full relaxation ritual. All treatments start with a water blessing. This is followed by a coconut essence footbath, a massage and finishes with the good luck stone ritual.

Most of the products used in the spa are derived from the coconut, Bali's tree of life. The coconut tree's roots, trunk, sap and leaves all boast a host of virtues that are beneficial for the human body.

The massages offered at the Amarterra Spa include:

- Dharma Unani, well-being (for guests who want to recharge their batteries)
- Dharma Panchakarma, revitalizing (for guests who want to energize their body and mind)

- Dharma Soba Rig-pa, energy balance (for guests seeking inner peace)
- Dharma Saraswati, beauty (for guests seeking both inner and outer beauty)
- Dharma Rama-Sinta, love (a massage ritual for couples).



MGallery Capovaticano Resort Thalasso & Spa - Ricadi - Italy, the perfect setting for unrivalled well-being



Sheltered by the fascinating rocky headland of Capo Vaticano, this charming hotel boasts an exceptional natural setting overlooking the sea.

The elegant, pure lines of the Thalassa Sea & Spa thalassotherapy institute are purposely designed to preserve the natural beauty of the surrounding landscape. It boasts several well-being facilities, including heated pools, whirlpools, aromatic showers, massage cabins and shiatsu, where guests recharge in a Mediterranean atmosphere. The institute's oasis-like setting allows guests to unwind and enjoy an unforgettable relaxation experience complete with a wide range of unique multi-sensory sea-water treatments.

The hotel welcomes guests from May to October.



MGallery Shangri-La – Songtsam Retreat – China, a priceless treasure in the mountains of Yunnan



Shangri-La is in the middle of the sacred region of the three rivers, the Yangtze, the Mekong and the Salween, nestled amidst breathtaking landscapes. At 3,300 m above sea level, the Songtsam Retreat, is a refuge at the end of the world that offers travelers genuine Tibetan hospitality.

This prestigious hotel is infused with a sense of peace and well-being. The Shangri-La’s well-being space immerses guests in the ancestral art of Asian aromatherapy, offering a wide range of Tibetan essential oil massages that leave guests in a state of complete harmony and plenitude. This ancient massage technique, which has been handed down from one generation to the next, eases tensions in the body, and increases its vitality and suppleness. Guests will enjoy this relaxing moment accompanied by the sounds of wildlife and captivating aromas.

MGallery - La Bastide de Gordes Hôtel & Spa – Gordes – France, an enchanted dream at the heart of the Luberon



La Bastide de Gordes offers guests a perfect space dedicated to relaxation and fitness. The Spa Sisley offers 800m² devoted to serenity and well-being. It features all the amenities required to work out, re-energize or simply enjoy a moment’s tranquility. The Spa is built into the rock face and can be accessed directly from the hotel’s rooms. Its facilities include:

- A chromatic pool with massaging water jets, bubble seats, a jacuzzi and geysers
- A Turkish bath

- A herbal tea room
- A relaxation room
- Six facial and body treatment cabins including one double cabin
- A solarium
- A fitness room

This exceptional spa offers a unique sensory experience that combines the beneficial qualities of aromatherapy with ancestral massage rituals from around the world.



MGallery Carlton Lyon – Lyon – France, a treasure chest of emotions shrouded in timeless elegance



The Spa Cinq Mondes at the MGallery Carlton Lyon, is the smallest spa in the world and an absolute cocoon of tranquility. This sheltered, intimate, comfortable and refined haven of relaxation offers unique upscale services in an exceptional setting. Whether it's the massages, facials, or body scrubs, everything is designed to pamper guests and enable them to enjoy a moment when they can forget everything else.

So that guests can be pampered to the tips of their nails, the Kure Bazaar nail salon also offers hand treatments and nail polish application.



MGallery VIE Hotel – Bangkok – Thailand, an oasis of well-being with the city’s skyline as its backdrop



This haven of peace combines Thai ancestral healing arts with the best contemporary methods in the luxurious environment of the VIE Hotel Bangkok.

The VIE Spa is located on the hotel’s 10th floor and consists of six intimate treatment rooms, a luxurious suite with a double treatment bed, a shower and a jacuzzi. The spa’s treatments are designed to induce relaxation and improve general well-being. Guests enjoy the soothing qualities of Thai oils and herbs in massages, body scrubs, body wraps, facials, baths and beauty rituals.

The wonderful combination of aromatherapy, shiatsu and Thai massages make the VIE Spa the perfect sanctuary for all spa lovers.

VIE Hotel takes well-being treatments a step further and, since sleep revitalizes both the body and the mind, it invites its guests to discover the secrets of a refreshing night using its holistic “Deep Sleep” experience. A personal coach advises guests and initiates them in the virtues of aromatherapy which enhances both emotional balance and body’s biological rhythm.



La Residence Hotel & Spa – Hue - Vietnam, a taste of paradise on the banks of the Perfume River



On the banks of the legendary Perfume river, in the heart of the Imperial City of Hue, this former Governor's residence boasts a sophisticated spa set in an Indo-Chinese setting, decorated with traditional touches. It envelops guests in serenity and the ultimate comfort. In this idyllic setting, guests can enjoy gentle Vietnamese massages before relaxing by the splendid salt-water pool.



Golf du Médoc Hotel & Spa – Bordeaux – France, a sensory journey in a lush, green setting



The Golf du Médoc Hôtel & Spa is located between two of Europe's most beautiful 18-hole golf courses. Its well-being area is set amidst two lush patios. This green haven comprises a spa, a Turkish bath, a swimming pool and a fitness area and offers guests a full range of treatments and massages to suit every need: body treatments, facials, body-shaping, body wraps, the captivating aromas of essential oils.

For long-lasting and effective relaxation and release, the Spa also offers its famous specialty, the Albatros

massage, an original treatment that cleverly combines powerful and gentle hand movements with the strength of golf balls and the captivating aromas of essential oils to envelop and shape the body.



Other MGallery spas:

- *Hôtel Parc Beaumont*
- *Le Royal Emeraude (Dinard)*
- *Hôtel Mondial am Dom (Cologne, Allemagne)*
- *Kalidria Thalasso Spa Resort (Castellaneta Marina, Pouilles, Italie)*
- *Grand Visconti Palace (Milan, Italie)*
- *Grand Hôtel Melbourne (Melbourne, Australie)*
- *Fortune Hotspring Park Hôtel Fuzhou (Fuzhou, Chine)*
- *Songtsam Shangri-La (Shangri-La, Chine)*
- *The Royal Beach Seminyak Bali (Bali, Indonésie)*
- *L'Amarterra Villas Bali Nusa Dua (Bali, Indonésie)*
- *The Phoenix Hotel (Yogyakarta, Indonésie)*
- *Hotel Muse Bangkok (Bangkok, Thaïlande)*
- *Veranda Resort & Spa hua hin (Hua Hin, Thaïlande)*
- *B-lay Tong Phuket (Phuket, Thaïlande)*
- *Hôtel de l'Opéra Hanoi (Hanoi, Vietnam)*
- *La Résidence Hôtel & Spa Hué (Hué, Vietnam)*
- *La Véranda Resort (Ile de Phu Quoc, Vietnam)*
- *Le Medina Essaouira Hotel Thalassa Sea & Spa MGallery Collection (Essaouira, Maroc)*

MGallery, Memorable hotels by Accor

MGallery is a Collection of nearly 70 high-end hotels throughout the world belonging to the Accor group, the world's leading hotel operator (3,500 hotels in 92 countries). Each hotel in the Collection brings to life with talent a unique personality and story, experienced by guests through its architecture, interior design and services. They are inspired by one of the Collection's three hallmark atmospheres: "Heritage" hotels charged with history reflecting their historic roots, "Signature" hotels that mirror an esthetic universe and style inspired by a personality who contributed to their creation or decoration, and "Serenity" hotels that offer guests a haven of relaxation in a seaside, rural, mountain or urban setting.

All the hotels in the Collection invite guests to experience "Memorable Moments."

MGallery and the hotels in the Collection share three strong values: "Singularity" - each hotel is unique and original with its own strong personality; "Elegance" - a MGallery hotel embodies distinction, stylishness and good taste; and, lastly, "Consideration" –their personnel take pride in offering guests respect, recognition and personalized service.

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